

**GLUCOCORTICOID BLOCKING AGENTS  
FOR INCREASING BLOOD-BRAIN BARRIER PERMEABILITY**

**ABSTRACT OF THE DISCLOSURE**

Glucocorticoid blockers, including glucocorticoid receptor antagonists, are effective to prevent glucocorticoid-induced decrease in permeability of the blood-brain barrier and to increase the permeability of the blood-brain barrier. Administration of glucocorticoid blockers, including glucocorticoid receptor antagonists, concomitant with administration of drugs for treating diseases of the central nervous system increases delivery of such drugs into the central nervous system.